

SHAC Committee

Meeting Minutes

- March 8, 2017

Members Present:

Abby Baker, Monica Gunter, Darcy Haden, Sharon Kruk, Edwin Quarles, Lisa Thompson, and Andrea True.

Meeting was called to order at 5:09.

Meeting minutes from January 11, 2017 were reviewed and accepted without corrections.

Reports from Health Partners

- Nurses' Office- Andrea True, RN
All PCA Faculty and Staff were invited to participate in the First Annual Timberwolf Challenge. Beginning January 27, this six week challenge encouraged participants to eat healthy and exercise regularly. The challenge will conclude on March 10, 2017. The three participants with the greatest percentage of weight loss will receive a prize. As of February 16, 2017 all students have met the graduation requirement for training in hands only CPR. On February 27, 2017, all PCA first grade students participated in the Fantastic Teeth Club presentation given by the Lufkin Masonic Club. Dental kits were given to all first grade students at the end of this presentation. Additional dental kits are available upon request in the secondary nurses office for any student in need. Scoliosis screening was completed for all 5th and 8th grade students on March 7, 2017.
- Physical Education- Edwin Quarles
Dodge ball was discontinued as of February 9, 2017 as an activity for secondary students. All elementary and middle school fitness grams have been completed. Donna Olsen, athletic trainer, is presently working with secondary athletes in regards to transitioning from basketball training to training for track. Discussions about requiring physicals for 5th grade students desiring to participate in pre-athletics next year are being held between the athletic director and administration at this time.
- Nutritional Services- Darcy Haden
On site visit by Texas Department of Agriculture on January 15, 2017 resulted in no findings.

- Coalition- Sharon Kruk

Tobacco grant has been made available for 6th grade students. Timberwolves Against Tobacco are having scheduled after school meetings. Mrs. Kruk is requesting that a PCA faculty member help in facilitating meetings. Specifically, a PCA faculty member is needed to provide a classroom that will serve as a meeting location and to promote the group and their group activities by way of school announcements. Mrs. Kruk also requested that announcements about group activities be posted on PCA's facebook page. A. True, RN states that a faculty member to facilitate meetings will be discussed with M. Gunter, HS Principal. A. True, RN states that she will speak with S. Burris, HS counselor about announcements on PCA facebook page.

- ADAC- Lisa Thompson and Abby Baker

Lisa Thompson reports that K-3rd graders will be signing a banner pledging to be tobacco free. Mrs. Thompson desires to write a physical education grant and requested suggestions from the SHAC Committee members. Abby Baker reports plans to facilitate a tobacco presentation for high school students at lunchtime. Ms. Baker reports that she also plans to educate on the topics of marijuana use and alcohol consumption for high school students.

Next SHAC meeting is tentatively scheduled for May 10, 2017 @ 5:00 at this time in the multipurpose room.

Meeting adjourned at 5:49.