

PCA SHAC Committee
Meeting Minutes
April 4, 2018

Members Present:

Antionette Carter Brown, Ellie Courtney, Tricey Godfrey, Monica Gunter, Darcy Haden, Sonya Hearne, Sharon Kruk, and Andrea True.

Meeting was called to order at 11:31.

Meeting minutes from February 7, 2018 reviewed. Minutes accepted without correction.

Andrea True reported SHAC account balance of \$265.60.

Reports from Health Partners:

- Physical Education- Antionette Carter Brown (Coach AC)
Elementary students are near completion of the fitness gram at this time. Elementary students began practicing for field day this week during PE. PK-2nd grade students will have field day on April 30, 2018 in the field beside the Boys and Girls Club. All third through fifth grade students will have field day on Wednesday, May 23, 2018 at the Expo Center. Middle school students have completed fitness gram assessments for the year. Field day for all middle school students will be held on Tuesday, May 22, 2018 at the Expo Center.
Senior, Lexi Nelson, has committed to Robert Morris University to continue her career playing basketball after high school graduation. Six PCA high school basketball players will be competing in the Pineywoods showdown in Central Heights on April 4, 2018 @ 6PM. The Jr. High tracks teams competed in the district meet last Monday, April 2, 2018. The 7th grade boys and girls are the overall district champs. The 8th grade girls came in 2nd to West Sabine. Two athletes from the high school track team competed in Texas Relays, Tina Douglas and Zach Hamilton. The district meet for high school boys and girls team will be held in Zavalla, Monday, April 11th. The high school tennis team has their first meet in Crown Colony today. The tennis team has 11 members this year including one state qualifier, Jennifer Ha. Twenty students participated in a swim clinic conducted by PCA last Saturday as post season event.
- Nurses Office- Andrea True, RN

Scoliosis screenings were completed for all 5th grade students on March 8th. Of the 88 5th grade students screened, 54 passed, and 34 were referred for evaluation. Scoliosis screening for all 8th grade students were completed on March 6th. Of the 81 8th grade students screened, 56 passed, and 25 were referred for evaluation.

The annual Girl Talk for all 4th grade girls is scheduled for April 6, 2018. The talk will be given by Nurse Stallard. The Masonic Lodge is scheduled to be on campus this Friday, April 6th to present the Fantastic Teeth Club to all first grade students during their elective time.

- Nutritional Services- Darcy Haden
The cafeteria has seen an average of 55% participation district wide. All accounts are in the positive at this time.
- Counseling- Sonya Hearne
This week all members of the Elementary AAA Club are being honored with a movie and a snack by individual grade.
- Administration- Monica Gunter
The PCA traffic officers were on campus April 2, 2018 to present information to all junior high students about the consequences of sexting and other trends involving social media and/or technology. The students were separated into groups by gender.
- Coalition- Sharon Kruk
Applications for next year's Drug Free AllStars are due May 31, 2018. The application can be found on the Coalition's website. Any 11th grade student can apply.
- Parents Questions/Comments- Ellie Courtney and Tricey Godfrey
Ellie Courtney inquired about whether or not PCA was utilizing the EpiPens 4 Schools program. Nurse True shared with committee that PCA does receive a total of (4) EpiPens annually from this free program. Mrs. Courtney also inquired about the possibility of students using rolling backpacks due to the weight of their backpacks. Monica Gunter responded, stating that this practice is discouraged due to the trip hazard that it creates in the hallways while changing classes. Tricey Godfrey asked if PCA had considered pursuing a Farm to School grant. Darcy Haden responded stating that he was not familiar with this particular grant. Mrs. Courtney also inquired about the possibility of offering students both raw and cooked vegetable options. Darcy Haden responded stating that they follow very strict FDA guidelines. Tricey Godfrey asked if

salads were available as a meal option for secondary students. Darcy Haden stated that salads are only available on a preorder basis to staff members at this time.

Meeting adjourned at 12:32.