

PCA SHAC Committee
Meeting Minutes
January 16, 2019

Members Present:

Antionette Carter Brown, Darcy Haden, Candice Hardin, Sonya Hearne, Sharon Kruk, Jason Perry, Jennifer Shaw, Kim Simmons, Lisa Thompson, and Andrea True.

Meeting was called to order @ 1137.

Meeting minutes from October 17, 2018 reviewed. Minutes were accepted with correction.

Andrea True reported SHAC account balance remains at \$265.60

Reports from Health Partners:

- Counseling- Sonya Hearne (Elementary), Candice Hardin (Secondary)
Students are participating in both small group and individual sessions focused on implementing social skills in response to mean behaviors. Students are participating in Book Club during their lunch time on Tuesdays, Wednesdays, and Thursdays on a voluntary basis. Mrs. Hardin reports that Senate Bill 30 must be implemented as a new graduation requirement this spring. Students will view a TEA video educating them on how to properly interact with law enforcement in order to meet this requirement. Both campus counseling offices report that planning for the upcoming testing season will begin soon.
- Nutritional Services- Darcy Haden
USDA will change requirements in regards to wheat content in breads served to students from 100% to 50% beginning August 2019.
- Physical Education- Antionette Carter Brown
Basketball season will conclude in 4 to 5 more weeks. The homecoming game is scheduled for next Friday, January 25, 2019. Track season will be kicking off soon. The golf and tennis teams are continuing to practice at this time. Students are adjusting well to UIL division 3A competition.
- Nursing- Andrea True

Vision screenings were completed for all required grades in October. Hearing screenings were completed for all required grades in November. New state guidelines for Spinal Screenings will be implemented during the first week of February. Hands Only CPR will be mandatory in February for any senior who has not previously participated in the training. The Third annual Timberwolf Challenge is scheduled to begin next Friday, January 25, 2019 and will conclude Friday, March 8th.

- ADAC- Kim Simmons

Fifth grade students have completed on campus curriculum for this year. PCA second grade students are nearing completion of their on campus curriculum for this school year. Next week (1/22-1/25) is National Alcohol and Drug Fact Week. Students will be given one fact daily via morning announcements in participation with the national campaign next week.

- Coalition- Sharon Kruk

The results of a recent tobacco survey performed by the Coalition were shared. The survey compared use of different types (smokeless, cigarettes, and e-Cigs) of tobacco locally. The survey also compared state wide vs. local E-cig use. The survey showed that e-Cigs are used much more often than other types of tobacco and that local use is greater than state wide use. Methods that work to prevent and/or cease the use of tobacco were discussed. There is discussion at the state level as to whether or not the legal age to purchase tobacco products should be raised from 18 to 21. SHAC members were encouraged to call Trent Ashby and vocalize their opinion concerning this issue. Two types of e-cigarettes, vapes and juuls, were discussed. The need for all faculty and staff to be educated on juuling was discussed. Administrators present agreed that this needs to be a topic of discussion at the next all staff inservice. All 6th-12th grade students are invited to participate in the Say What! Action Summit that is scheduled to be held at the Lufkin Convention Center on March 2nd. The Action Summit is an all day training for local students on how to promote a tobacco free lifestyle on their campuses and in their community.

Next SHAC meeting is scheduled for April 17, 2019.

Meeting was adjourned at 12:31.